



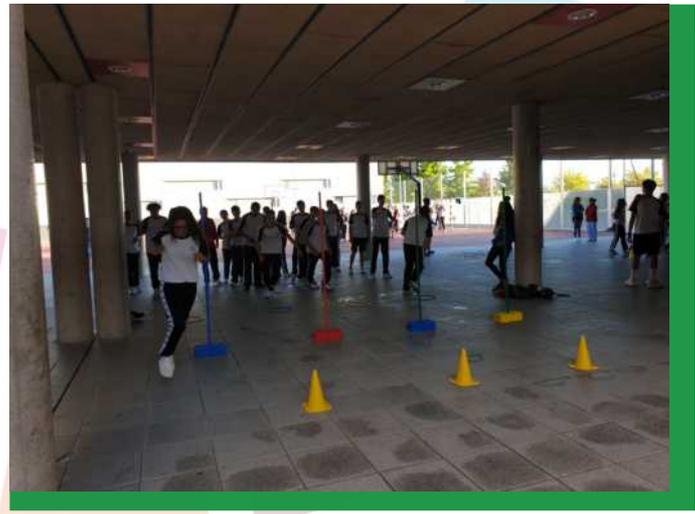
DÍA EUROPEO DEL DEPORTE **(27 SEPTIEMBRE)**

- Los alumnos y alumnas de ESO han participado en el Día Europeo del Deporte realizando distintas actividades que han sido diseñadas por los alumnos y profesores de Actividades Físicas y Deportivas de FP.





DÍA EUROPEO DEL DEPORTE (27 SEPTIEMBRE)





CARRERA UNOENTRECIENMIL (25 DE OCTUBRE)

- El Colegio Valle del Miro ha organizado, junto a la Fundación ‘Unoentrecienmil’, una carrera solidaria para la sensibilización y la concienciación de la importancia de tiene la investigación para la leucemia infantil.



- Si quieres ver el reportaje realizado por los alumnos y alumnas de Primaria sobre la carrera, pulsa el siguiente link: <https://youtu.be/ZP-xloLfsrQ>



MOVEMBER (NOVIEMBRE)



MOVEMBER

GROW IT. SHOW IT. SUPPORT IT.

Movember is a global charity that aims to have an everlasting impact on men's health. When it comes to their health, many men don't talk, don't take action and die too young. We want to help men live happier, healthier, longer lives by focusing on two key areas of men's mental and physical health.

Movember is also an annual event involving the growing of mustaches during the month of November to raise awareness of men's health.

MENTAL HEALTH AND SUICIDE PREVENTION

In England and Wales, suicide is the second leading cause of death among 15-49 year-olds. We want men to stay mentally healthy by: 1. encouraging them to stay connected with friends and family 2. challenging the notions that men talking or showing emotion is "weak" and that being strong is the only way to be "manly" 3. focusing on ways to help boys and men talk about the "big stuff" in life, such as family issues, first romantic relationships, exam pressure and personal health.

TESTICULAR CANCER

Testicular cancer is the most commonly diagnosed cancer in young men aged 15-40. For all boys and men diagnosed with testicular cancer we are: 1. raising awareness and encouraging them to take control by teaching them how to examine their bodies for the signs and symptoms of the disease, 2. raising funds to invest in research that will result in a better understanding of the disease, and improve treatment, support and care.

PROSTATE CANCER

1. We're fighting for a world where no man dies of prostate cancer 2. Globally prostate cancer is the second most commonly diagnosed cancer 3. For men diagnosed with prostate cancer we are: - Investing in research that will result in new tests and treatments to better diagnose the disease and stop it progressing - Partnering with the medical and scientific community to improve treatment and care - Convinced the global medical and scientific community to achieve results faster

HOW DO WE ACHIEVE CHANGE?

This will help you to become "Mo Bros" and "Mo Sistas" by developing a greater understanding of boys' and men's mental and physical health, and getting ideas for fundraising activities during Movember.

<https://www.youtube.com/watch?v=7e0esGPEqN0>

<https://www.youtube.com/watch?v=W286nX3EP8>

- Los alumnos de 3ºESO se han convertido en Mo Bros y Mo Sistas en las clases de inglés apoyando a la fundación Movember haciendo visible su lucha por la prevención del cáncer de próstata, el cáncer de testículos y las enfermedades mentales en los hombres.



MOVEMBER (NOVIEMBRE)





MERCADILLO SOLIDARIO (NOVIEMBRE-DICIEMBRE)

- Los alumnos de FPB llevaron a cabo un mercadillo solidario cuya recaudación será destinada a la fundación Adela (Asociación Española de Esclerosis Lateral Amiotrófica).





MERCADILLO SOLIDARIO (NOVIEMBRE-DICIEMBRE)

